



# Community Baptist Church of Santa Rosa

Rev. Dr. H. Lee Turner, Pastor



# CBC MESSENGER

**FEBRUARY 2024**

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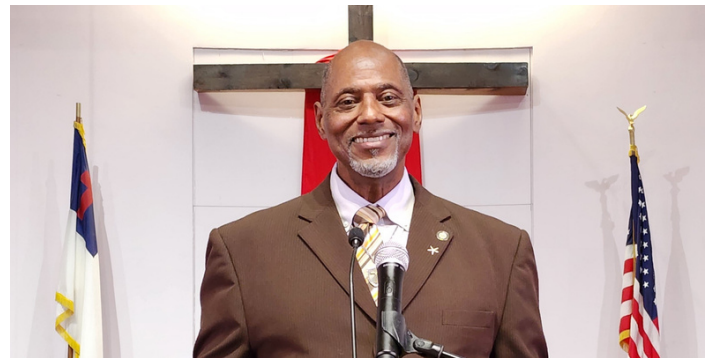
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## **Pastor's Corner**

Matthew 22: 37-39 " Jesus said to him, 'You shall love the Lord your God with all your heart, with all your soul, and with all your mind.' This is the first and great commandment. And the second is like it: 'You shall love your neighbor as yourself.'"

February is a month steeped in love. There are days such as Valentine's Day, Black History Month, a specific history in the American history of a people who had and has lost love for themselves. Even in the church as Christ warned the church at Ephesus in the book of Revelation 2:4 they had left their first love. Our first love is the love Christ gives us for God and each other. We should be zealous for the truth, but that zeal should be tempered so that we are always "speaking the truth in love, we will in all things grow up into him who is the Head, that is, Christ" (Ephesians 4:15).

The greatest commandment is to love God, love others as you love yourself. Self-love is not a narcissistic, ego-maniacal type of love when it is right. It is a divine the love that God showed us. We must be consistent in our love for others. The question is, "Do you have a problem loving others as you love you?" Yes they may have hurt you, lied on you, talked negatively against you, and many other things, however we are still charged to love them. It is not about what they did or did not do. It is about what you do. We were unlovable yet Christ made a way to show us love with no conditions. We are charged and challenged to do the same thing. Make it your daily walk to love somebody. You may not like them or what they do but what if your entrance into heaven was based on you showing the unlovable God's unconditional love? Thank God for Jesus. (Matthew 22:37-40; John 3:16) .

# Heart Disease Awareness Month

Join us every Sunday at 11am for Church Service. Here is our current schedule for Bible Studies and other services:

**Tuesday: 5:30pm- Women's Bible Study**  
on Zoom: 843 3917 1993

**Thursday: 6:30 In-person Bible Study**  
**Thursday: 7:00 Choir Rehearsal**

**5:30pm- Special Needs Bible Study**  
on Zoom: 819 0115 3607

**Friday: (On hiatus)**

**Saturday: 5:00pm- Hour of Prayer- In-person and online**

**Sunday: 9:00am- Sunday School- online only**

**10:45am Praise and Worship- In-person**

**11:00am- Church Service- In-person and online**

The most common type of heart disease in the United States is coronary artery disease, also called coronary heart disease or cardiovascular disease. This is a condition in which plaque, which is made up of fat, cholesterol, calcium and other substances in the blood, builds up inside the coronary arteries which supply oxygen-rich blood to the heart muscle.

It is important to understand that while some forms of heart disease are preventable, others may be a result of genetics. Please consult your physician regarding your heart health, family health history, and ways that you may be able to prevent heart disease. A heart attack may be compared to a plumbing problem in the heart, while Sudden Cardiac Arrest may be compared to an electrical problem in the heart.

Every year more than 600,000 Americans die from heart disease. The number one cause of deaths for most groups, heart disease affects all ages, genders, and ethnicities. Risk factors include high cholesterol, high blood pressure, smoking, diabetes, and excessive alcohol use. You can take an active role in reducing your risk for heart disease by eating a healthy diet, engaging in physical activity, and managing your cholesterol and blood pressure. This is a great chance to start some heart-healthy habits!

**#HeartHealth #HeartDisease #WearRedDay**

## Gospel Concert

Community Baptist Church of Santa Rosa and Rev. Dr. H. Lee Turner, Pastor invite you to join us for a Gospel Concert at Community Baptist Church- featuring Lady Bianca, Tony Saunders, The Prayer Chapel Singers, and more! Saturday, February 24, 2024 at 5:00pm. **“We’ve Come This Far by Faith.”**

Sponsored by Community Baptist Church, Community Baptist Church Collaborative, Safe Harbor Project, The Village Project, and Saturday Academy. This event is free, and donations will be accepted! Thank you.

For more information, please call the church at (707) 546-0744. We look forward to praising, worshiping and glorifying the Lord with you.

**Celebrating Black History Month: “We’ve Come This Far By Faith”**

**Lady Bianca** **Tony Saunders**  
**The Prayer Chapel Singers**

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